

It was the James and Cynthia show at Turkey Flats this year. James Roche won overall in the 5th fastest time since I began keeping track in 2008. This was one week after a strong ultra run finish. Who knows what he could have run fresh. And then there was Cynthia Malleck in 3rd place overall smoking almost all of the guys. She turned in the 2nd fastest female time I have on record, 2 minutes off her own 2011 run. She forgot to slow down and admire all of the fabulous columbine out there on the course. Donnie Tietsma and Laura Wetstine were the 2nd place male and female runners with excellent times. Previous winner Mike Burnham was 6th and was greatly appreciated for providing sandwiches for all. Everyone seemed to enjoy getting a beautiful altitude run up out of the valley heat and great training for the rest of the Summer's mountain runs. Good job!

Tom, Race Director

Mesa Monument Striders

Turkey Flats Trail Run

6/28/2015

1	James Roche	28	1:15:25
2	Donnie Tietsma	30	1:17:41
3	Cynthia Malleck	39	1:22:03
4	Sean Wetstine	38	1:23:32
5	Tom Miner	33	1:24:11
6	Mike Burnham	40	1:25:39
7	Laura Wetstine	33	1:34:13
8	Ray Jensen	50	1:36:29
9	Heath Scott	40	1:36:56
10	Ernie Langelier	63	1:38:33
11	Penny Vercelline	43	1:41:11
12	Suzie Steel	55	1:44:01
13	Marshall Steel	54	1:45:11
14	Paul Frisbie	51	1:46:16
15	Rochelle Kriegshauser	48	1:46:58
16	Brian Buechler	33	1:49:22
17	Jeff Wagner	57	1:52:37

18	Angela Johnson	40	1:58:08
19	Andy Winnefeld	44	1:59:32
20	Corey Hinman	39	1:59:51
21	Karla Nephew	35	1:59:56
22	Liz Smith	28	2:01:06
23	Karah Levely	41	2:04:18
24	Kelly Johnson	0	2:05:46
24	Shannon McIntyre	0	2:05:46
26	Mike Sullivan	0	2:08:40
27	Julie Malingowski	30	2:11:46
28	Conrad Cole	0	2:45:45
28	Sheryl Douglas	64	2:45:45