

## Widowmaker Trail Run Results – 2016

### WIDOWMAKER trail runs – approx 6- and 9-mile.

April 2 – the start of the local (MMS) trail-running season started TODAY. Little Park (parking lot), about ½ mile past the last house up Little Park Road.

Paul (race honcho) says: “It was a beautiful, cold (in the beginning), dry run. Very congenial group. However, the upper loop to the east (9 mile) had many variations outside of the marked route; it will be helped by MORE FLAGS in the future. For example, James Roche was first across the line (6-mile), but he intended to run the 9-mile – whereupon he turned around to run the eastern loop also (how many extra miles?). He also ran sans shirt. There were at least 2 pregnant ladies and one lady medicare-eligible. And Esmeralda has married!

The eastern loop was meant to be all single-track with 2 road crossings; however a small number came in from the southeast and not the north. This mis-direction was borne in general with good humor. Running is meant to be spiritually-rewarding and fun, not that it always works out that way ... “ *(Ed. Note: anyone grumpy about getting lost, I implore YOU to (help) mark the course next year!)*

6-mile course: 1. JAMES ROCHE, 48:32 2. David Fay, 65:52 3. ESMERALDA ROSTEL, 66:31

4. Ernie Langelier, 67:48 5. Larry Ingram, 71:34 6. Karen Fay, 78:54  
7. Randy Larsen, 1:36:12 8. Conrad Cole, 1:50:08 9. Sheryl Douglas, 1:50:46  
10. Kathy Donoher, 2:25:02

9-mile course: 1. PATRICK HUMMEL, 69:35 2. COLLEEN WRIGHT, 71:14  
3. Scott Vig, 71:54 4. Shannon Hatch, 80:43 5. Heath Martin, 81:02  
6. Jeff Friedman, 81:28 7. Shannon Koch, 82:20 8. Heath Hibbard, 86:31  
9. James Roche, 88:31 10. Brad Rugel, 90:35 11. Kyle Stone, 90:50 12. Bob Thome, 90:51  
13. Greg Hewitt, 98:15 14. Hannah Holm, 89:15 15. Tom Ela, 89:41  
16. Kristi Siman, 1:41:39 17. John Cresser, 1:44:32 18. Angela Johnson, 2:04:38  
19. Corey Hinman, 2:04:38 20. Randee Bergen, 2:19:20 21. Kristin Coakley, 2:19:20